A-Z of Psychodynamic Practice provides an essential introduction to the key concepts in psychodynamic practice. The book is ideal for use by students as a handbook, as well as for experienced practitioners who want to expand their knowledge of this school of thought.

Each chapter introduces the reader to the theoretical underpinnings and practice implications of the psychodynamic approach, as well as the key thinkers, debates and research that have shaped it.

Written in a unique A-Z format, the book provides a map of the field which offers many entry points and enables any reader to start a journey to becoming a psychodynamic practitioner.

about the author

Jeffrey Longhofer is Associate Professor of Social Work, Rutgers University, The State University of New Jersey. He is a licensed Clinical Social Worker and is a trained psychoanalyst.

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